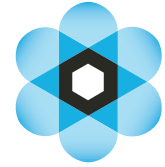


# How to collect a urine sample from home



**CIRRUSDX**

Your home collection kit contains: (1) specimen bag, (1) test requisition form, (1) urine cup labeled with patient name and DOB, (1) sterile cleansing wipe (1) pre-paid FedEx clinical return pak

## Follow these steps:

<b>Check</b>	Make sure your information is correct on the test requisition form and collection cup.
<b>Write</b>	Write the date you collect your sample in the highlighted area on the test requisition form.
<b>Clean</b>	Thoroughly wash your hands. Gently cleanse and wipe genital area using sterile wipe provided.
<b>Collect</b>	Place the cup in urine flow. Once finished close the lid tightly.
<b>Pack</b>	Place your sample in the specimen bag and close it. Put your folded requisition form in the outer sleeve and seal the specimen bag in the pre-paid FedEx clinical return pak.
<b>Send</b>	Call <b>1-800-GO-FEDEX</b> to arrange pick up of your sample. Or drop it off in a FedEx box or at a FedEx shipping center.*

\*Please note, samples shipped out on Fridays will be accepted for Saturday delivery and testing.

### Questions? We're here to help.

Call **1-240-813-8801** Monday through Friday, 8 AM to 9 PM ET.

Or email us: [homecollection@cirrusdx.com](mailto:homecollection@cirrusdx.com)